



※材料・天候によって献立を変更することがあります。
※児童生徒の給食費(小学校5000円、中学校5400円)は市が負担しています。

Table with 2 columns: 食品群 (Food Group) and 体内でのはたらき (Function in the body). Rows include 赤の食品 (Red), 黄の食品 (Yellow), and 緑の食品 (Green).



Table with 4 columns: 学校給食の栄養基準量 (School Nutrition Standards), 小学校 (Elementary School), 中学校 (Middle School), and 栄養素 (Nutrients: C=エネルギー, P=タンパク質, F=脂質).

Large header section for January. Includes a message from the school, a 'Happy New Year!' banner for the Year of the Snake (巳年), and a 'National School Lunch Week' (全国学校給食週間) announcement.

Table for the first week of January (Jan 6-10). Columns represent dates and days. Each cell contains menu items with illustrations, a list of ingredients, and nutritional values (C, P, F).

Table for the second week of January (Jan 13-17). Columns represent dates and days. Each cell contains menu items with illustrations, a list of ingredients, and nutritional values. Includes a note about a menu request for 6th graders and 3rd graders.

Table for the third week of January (Jan 20-24). Columns represent dates and days. Each cell contains menu items with illustrations, a list of ingredients, and nutritional values.

Table for the fourth week of January (Jan 27-31). Columns represent dates and days. Each cell contains menu items with illustrations, a list of ingredients, and nutritional values.

※主食のごはんは「いちば」に製造配送を委託しています。
(炊き込みごはん・ジュース・リゾット・ヤファラジュース等は平良調理場で作っています)
※パンは「新里商店」に配送を委託しています。

1月の欠食予定はありません